



NEO-ACT
**WESTLAKE
FALL
PROGRAMS**

CHSC Westlake Office

29540 Center Ridge Road, Suite B
Westlake, Ohio 44145

Northeast Ohio Adults Communicating Together (NEO-ACT) programs are for individuals with communication deficits as a result of stroke, head injury, or other neurological disorders.

Three 9-week programs held

WEDNESDAYS beginning **SEPTEMBER 18** through **NOVEMBER 13**

Writing Group 9:30 a.m.-10:30 a.m. | \$60

Participants can work on a variety of writing tasks which may include writing words, numbers, sentences, emails, and text messages. We will also explore using software and apps to help make writing easier. Tracy Biller, CHSC Speech-Language Pathologist, leads this group. Writing Group is a 9-week program.

Book Club 10:30 a.m.-12:00 p.m. | \$60

The group will read the classic story "A Tree Grows in Brooklyn" by Betty Smith over the 9-week session. The focus for participants is to improve reading comprehension skills impaired after a stroke. We will explore techniques that can help to improve reading comprehension. Tracy Biller, CHSC Speech-Language Pathologist, leads Book Club. Book Club is a 9-week program.

Music Therapy Communication Group 3:15 p.m.-4:15 p.m. | \$90

In this interactive group, participants will listen to and create music in an enjoyable and relaxed setting. No music skills are required! Participants will use a variety of music activities as tools to enable and enhance language and communication skills. This group, led by Lindsey Elmore, CHSC Speech-Language Pathologist, and board-certified Music Therapist. Music Therapy Communication Group is a 9-week program.

Every **WEDNESDAY**

Adult Communication Group 1:00 p.m.-3:00 p.m. | Free

The group meets weekly and provides a peer support system for stroke patients who, after completing traditional, individual, or group therapy, find themselves merely going home and having minimal contact with others. This program is geared toward communication and is composed of individuals from a variety of living environments with communication disorders resulting from stroke, head injury or diseases such as Alzheimer's or Parkinson's in a nonjudgmental environment. Caregivers are also welcome to attend the group. Tracy Biller, CHSC Speech-Language Pathologist, leads Adult Communication Group.

Sign up for more than one group with a fee and save \$10! *Funding available for those who qualify.

RSVP by Sept. 13, 2019

Contact Tracy Biller at tbiller@chsc.org for a financial application or more information about the NEO-ACT Fall programs.



CLEVELAND
Hearing & Speech
CENTER