

# Northeast Ohio Adults Communicating Together (NEO-ACT)



*Facilitated by a certified Speech-Language Pathologist, NEO-ACT is designed to help improve quality of life through participation in enrichment programs for listening, speaking, reading, writing and socialization. NEO-ACT can be an effective program for adults with communication disorders.*

## **Virtual Adult Care Partner Support Group • Monday 5:15 – 6:15 pm**

This group is designed for families, partners, and other people who give care to clients of Cleveland Hearing & Speech Center. This moderated group will provide a safe place to discuss the stresses, challenges, and rewards of providing care for adults with communication disorders such as Alzheimer's, stroke, brain injury, and other chronic health conditions.

## **Virtual Book Club • Tuesday 11:00 am – 12:30 pm**

This group is held weekly in Spring, Fall, and Summer. The group focuses on reading, comprehension, and social communication through conversation. The books are chosen by the group members and are read over a 9-week period. Weekly discussions focus on questions relevant to the content of the book, life experiences, and current events.

## **Virtual Adult Communication Social Hour • Wednesday 1:00 – 2:00 pm**

In this group, we strive to provide a safe and supportive environment to practice communication skills. This unstructured group serves many purposes. This may include discussing small wins as someone living with a communication disorder, personal difficulties, keeping up on current events, and even occasionally playing some games. Adults struggling with communication at any skill level can join at any time. Our primary goal is to enhance quality of life and communication.

## **In-Person Adult Speech Therapy Group • Thursday 2:00 – 3:30 pm**

We are so pleased to offer an in-person opportunity at our Westlake and Lyndhurst offices where we can gather once again! This group is designed to provide individuals with communication difficulties an opportunity to improve quality of life through participation in activities that provide enrichment for listening, speaking, reading, writing, and socialization. This group will offer functional activities in a supportive setting.

**For questions about NEO-ACT (or how to connect on Zoom), please contact Ali Verhovitz, Speech-Language Pathologist and group facilitator, at [averhovitz@chsc.org](mailto:averhovitz@chsc.org)**

**NEO-ACT programs are provided at NO COST\* and do NOT require insurance**

*\*Donations accepted*



[www.chsc.org/neo-act](http://www.chsc.org/neo-act)