



How Loud is too Loud?

DANGER ZONE

160 dB	Jet Airplane
150 dB	Helicopter
140 dB	Rock Concert
130 dB	Ambulance Siren
120 dB	School Dance
110 dB	Power Saw
100 dB	Cement Mixer
90 dB	Lawn Mower

SAFE ZONE

80 dB	City Traffic
70 dB	Small Party
60 dB	Normal Speaking Voice
50 dB	Car Horn
40 dB	Refrigerator Motor
30 dB	Whisper
20 dB	Rustling Leaves
10 dB	Normal Breathing
0 dB	Threshold of Normal Hearing





Sound Choices™

Hearing Conservation for Children

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